

## IMPACT OF PE AND SPORT PREMIUM AT ENGLISH MARTYRS' RC PRIMARY SCHOOL 2023-24

Our vision is that all our pupils will leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>To provide extra-curricular activities for children after school such as daily activity clubs which are run by school staff after school and an early morning wake and shake – which ensure children are ready for school and support learning.</li> <li>To provide high quality PE lessons to all year groups that focus on tactical, social, psychological sessions as well as the technical skills.</li> <li>To provide children with a range of equipment, giving them access to a range of new sports during break time and lunch time. This will enabled children to develop new skills and keep active.</li> <li>Work with the The PE and School Sports Network to provide children in different year groups with different abilities to compete collaborative events and competitions. Including specially designed events designed for children with Special Educational Needs, these events took place at the school setting and also a day away bowling.</li> <li>Pupil voice, teachers' feedback and talking to pupils show that <b>100% of pupils enjoy PE</b> and they really look forward to it. This helps to build a life-long love of sport.</li> <li>To provide a verity of opportunities on for all students, encouraging physical activities</li> </ul>	<ul style="list-style-type: none"> <li>Pupils to compete in events and competitions in school and a range of activities outside of school.</li> <li>Focus on improving the children's resilience and confidence.</li> <li>Provide a range of after-school extra-curricular activities for all year groups including: Girls and Boys football, multi-skills and Sports and Games.</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swims competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	65%
What percentage of your current Year 6 cohort uses a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	73%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	38%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No



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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				20%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Raise profile of PE and sport across the school.	On-going subscription to London PE and School Sport Network events.	£5,500	<p>Children across the school participated in competitions and collaborative challenge days, including different SEND events (in school). These events increased the children's enjoyment and engagement in a variety of sporting activities and developed their competitive spirit as well as their ability to work together and solve problems.</p> <p>The PE teacher has delivered different assemblies before these new 'Daily Mile' activities. These assemblies have taught children about how physical activity improves their health, fitness and mental wellbeing as well as concentration and social skills. The children are able to state these benefits during PE lessons and have taken them seriously. Other staff has been present during these assemblies to improve their understanding of physical activity and PE.</p> <p>The London PE and School Sport Network has provided all children, parents and staff with the opportunity to participate</p>	<p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p> <p>These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.</p>

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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				0%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

Ensure all staff are trained to deliver high quality PE activities to the children.	Continued collaboration with the London PE and School Sport Network.	Included in PESSN subscription	The London PE and School Sport Network has delivered staff training to all staff. This session made them feel more confident to teach PE and taught them some more techniques that can make the PE lessons more engaging for the children. This also helped them to identify ways to be inclusive and challenge each pupil appropriately.	To continue working with London PE Sports Network (PSSN). PE budget needed.
Ensure the PE teacher is well trained to deliver high quality PE activities and collaborates with appropriate parties.	Continued collaboration with the London PE and School Sport Network and the Football Association.	Included in PESSN subscription	The PE teacher has attended many training days and online webinars by The London PE and School Sport Network and also the Football Association. These have enabled him to improve his understanding of providing high quality PE. The children have developed their agility, balance and coordination as well as physical fitness and social skills; which were lacking after the lockdowns.	How to improve the children's resilience, independence and confidence.  Team teaching with a coach from the London PE and School Sport Network would be good to provide teachers with more confidence and knowledge.
	Collaboration with Evolve mentors and midday supervisors.	Included in Evolve mentor cost and midday supervisor cost.	The PE teacher has worked with the Evolve mentor and midday supervisors to develop lunchtime and playtime provision. This has enabled the staff to provide a wide range of exciting activities and games for the children, which has enabled them to stay active for longer as well as improve their mental health, wellbeing and problem solving skills. Other staff have also been supported to incorporate these different techniques and games to engage children during lunch/play times.	These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils	Percentage of total allocation:
	N.A.

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School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increase a range of sports activities offered to children.	On-going subscription to London PE and School Sport Network events.  Collaboration with Evolve.	Included in PESSN subscription  Included in Evolve mentor cost.	Children across the school have participated in a range of competitions and challenge days (in school). Some of these events have been completely new for the children, ie; boccia and new-age curling. The children have learned new skills and had fun playing sports they had not previously heard of.  The Evolve mentors have provided children with different games that work on problem solving and social skills as well as physical fitness. The children are highly motivated to play these games and therefore show improvements physically, technically, socially and psychologically.	These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.  Athlete visit to be an athlete of a different sport than the previous year.  Provide Health & Wellbeing Parents/ Carers Cookery Workshops.

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				N.A.
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Provide children with competitive sport in school.	Staff to incorporate competition into PE lessons, lunch/play times and after-school clubs.		The PE teacher has had training on how to motivate the children by competing against their own scores, partners and small groups during PE lessons. This is exciting for the children and has led to them improving a range of skills during a range of different activities. The PE teacher, Evolve mentors and midday supervisors have been providing the children with competition, either against themselves, a partner, a small group or a team, throughout the year during lunch/play times and after-school clubs. This is exciting for the children and has led to them improving a range of skills during a range of different activities. They have improved their psychological skills as well as team building skills as a result of this competition.	These steps will need to be maintained next year. They will need to be funded in the next year via PE budget.

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Provide children with competitive sport out of school.	<p>Annual Sports Day.</p> <p>On-going subscription to London PE and School Sport Network events. Provide children with information of sports clubs out of school.</p>	<p>Sports Day is a yearly event which is enjoyed by Staff and children, it is the perfect opportunity for children to use their skills gained throughout the year to support with problem solving skills, team work and more traditional races. The sports day will take place at the local park where children will be escorted by staff and Parent volunteers.</p> <p>Children across the school participated in a range of competitions such as football, netball, badminton, egg and spoon race, sack race and many more. The children enjoy these competitions and developed their self-esteem, resilience, team work skills and competitive spirit. We even offer one of the most anticipated races of the year the parent's race.</p> <p>The PE lead has provided the parents with the information of many different clubs of different sports (weekend, after school and half term clubs) for children of all ages and gender. Some of the parents have taken their children to these clubs and given positive feedback.</p>	<p>To make Sports Day an enjoyable and memorable time inclusive of healthy competitions. PE budget will be used if equipment is needed for this.</p>
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### Summary

To Summarise, the PE and Sport Premium Budget has been crucial in enabling us to improve our provision of PE throughout the year. We have been able to work with valuable members from the London PE and School Sports Network, Evolve, the Football Association, and the employment of a sports facilitator to improve our understanding of PE and increase the range of opportunities that we provide for the children who attend our school and their parents. All staff have had support throughout the year that has increased their confidence and enhanced their ability to provide the children with high-quality PE Lessons. Each PE session is designed to broaden a range of experiences provided to our children which has motivated them to be more active during the day and meet the 60 minutes a day of physical activity as per the government's guidelines. They have also made holistic improvements due to this better provision of PE and physical activity at school; including physical, social, technical and tactical skills as well as showing improvements in their mental health and general wellbeing. The improved profile of sport across the school has also encouraged children to take up sports out of school and given them the chance to gain a life-long love of sport and physical activity so they can continue to reap the rewards throughout their life. The many positive steps we have made this year need to be maintained and improved upon next year, and the PE and Sport Premium Budget will enable this to happen.