

Morning Prayer

O my God I give to you
all that I say and think and do,
all my work and all my happy play,
I will give to you today. Amen.

Grace before Meals

Bless us O Lord as we sit together, bless
the food we eat today, bless the hands
that made the food and bless us O Lord.
Amen.

Grace



Meals

after

Thank you God for the food we have
eaten. Thank you God for all our friends.
Thank you God for everything. Amen.

Evening Prayer

God our father, we come to say,
Thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night, and
in the morning send your light. Amen.

The Hail Mary

Hail Mary full of grace,
the Lord is with thee;
blessed are thou
amongst women and
blessed is the fruit of thy
womb, Jesus. Holy Mary
Mother of God, pray for
us sinners, now and at
the hour of our death.
Amen.



Sorry Prayer

O my God I am very sorry that I have sinned against you, but with the help of your grace I will not sin again. Amen.



To My Guardian Angel



O angel of God my guardian dear,
to whom God's love commits me here, ever
this day
be at my side,
to light and guard,
to rule and guide.
Amen.

PRAYER

CARD



Sign of The Cross

In the name of the Father
and of the Son and of the
Holy Spirit. Amen.

The Our Father

Our Father who art in heaven hallowed
be thy name. Thy kingdom come. Thy
will be done on earth as it is in heaven.
Give us this day our daily bread, and
forgive us our trespasses as we forgive
those who trespass against us, and lead
us not into temptation, but deliver us from
evil. Amen.

