

ENGLISH MARTYRS' CATHOLIC PRIMARY SCHOOL



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NEWSLETTER

Friday 13th June 2025

Dear parents and carers

Our week started with our **collective worship** on Monday which focused on the feast of **Pentecost** which we celebrated the last Sunday. All children in Year 5 and Class 4G then went on a **Pilgrimage** to **Aylesford Priory** on Tuesday. This was another special event for them as part of our activities for the **Jubilee Year of Hope** which we are celebrating this year. Apart from taking part in the celebration of the mass, they also prayed the rosary and took part in an art based activity to help them reflect on the theme of HOPE. (See photos on page 4 of this newsletter)

This has also been an important week for our **Year 1** pupils who have now all completed their **phonics screening check** as well as for our **Year 4** children who this week have all been online to complete the **Multiplication Tables Check**.

I hope all parents have now read the letter we sent out on Monday 9th June regarding **setting time limits for screen time**. We believe that this is something we have to manage carefully as it has a big impact on the wellbeing of our children. You can see more about this subject on page 2 and page 5 of this newsletter.

This coming Sunday is Fathers' Day. We wish all fathers in our school community all the best for this special day!

Thank you and have a good weekend!

CORE VALUE - SUMMER TERM 2

Our Spring 1 core value is **RESPONSIBILITY**. This is about being able to do the things you are expected to do and accept the consequences for your actions. **In what ways can you show you are being a responsible person?**



DATES FOR YOUR DIARY



The following are some of the important dates to remember:

Sunday 15th June
TRINITY SUNDAY

Sunday 15th June
FATHERS' DAY

Tuesday 17th June
Pilgrimage Trip to
Aylesford Priory - Year 6

Friday 20th June
at 8.50 am
Class Assembly - 3C
Parents of children in Class 3C are
invited to attend.

Week beginning
Monday 23rd June
ASSESSMENT WEEK

WORSHIP TOGETHER - ASPIRE TOGETHER - EXCEL TOGETHER



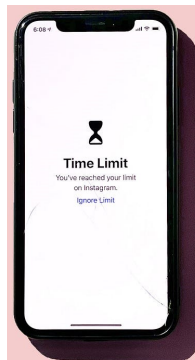
SCREEN TIME, SMARTPHONES AND SOCIAL MEDIA

Along with 20 other schools across Southwark, this week we have collectively pledged to address the issues associated with **screen time, smartphones and social media**.

Headteachers have worked collaboratively to create a **SET OF PRINCIPLES** which we will work towards when educating your child on screen time, smartphones and social media.

We also hope that all families in our school community will support these principles at home too.

Please see **page 5 of the newsletter** which shows recommendations for screen time, social media and smartphone use.



Every week our Mid-day meals supervisors award stars to pupils who show our school values during lunchtime breaks. The following are the names of our Star children for this week.



Nursery:
Pelumi, Pamileri

Reception:
Kamiah, Dylan

Year 1:
Freda, Kane

Year 2:
David, Baraka, Hannah

Year 3:
Grace, Heleia

Year 4:
Kelis, Kaliyah, Kashaun

Year 5:
Jheison, Prince

Year 6:
Sareen, Bernice,
Raphael, Michael

FATHERS' DAY

Sunday 15th June 2025

We would like to wish all fathers a **happy Fathers' day.**



PE DAYS

Children can still come in their **PE kit** on the day they have their PE lessons on the days shown below.

CLASS	PE DAY
Year 4 and Year 5 classes	MONDAYS
Reception and Year 3 Classes	TUESDAYS
Nursery	WEDNESDAYS
Reception	THURSDAYS
Nursery, Year 1, Year 2 and Year 6 classes	FRIDAYS

BREAKFAST CLUB AND AFTER SCHOOL CLUB

Parents who are interested in applying for a place in either of these clubs can sign in to **Arbor** and pre-book the session in advance. Numbers are limited and will be offered on a first come, first served basis.

Breakfast club is from 7.40 am. While our After school club runs from home time until 5.30 pm each day.



FROM AROUND THE SCHOOL

THIS WEEK

CLASS 2E

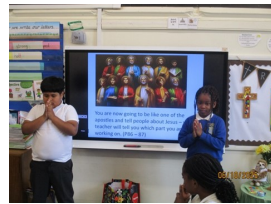
In 2E this week we have been talking about how money made us feel in **Life-savers** lessons. Our new book in English is '**Goldilocks and the Three Bears**' by **Lauren Child**. We all visited the crime scene and put our detective hats on to find out who broke into the bears' house.



In our Geography topic we have been learning about the **coast** and using Google Earth to locate different coasts around the UK. In maths we have been finding **collecting data and creating**

tally charts, pictograms and block graphs.

In RE we have discussed how the **Holy Spirit** helped the apostles spread the word of Jesus. As part of our Purple Mash computing lessons we have been thinking about different types of questions and using them to create a quiz on **Goldilocks**.



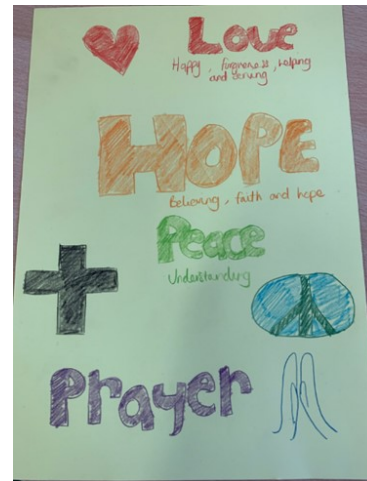
CLASS 4G

Class 4G joined another year group on a special **pilgrimage to Aylesford Priory in Kent** to celebrate the Jubilee Year of Hope 2025.

The children took part in a beautiful **Mass** and spent time thinking about what it means to be a **pilgrim**.



They also created thoughtful **posters** to show their hopes for the world. It was a peaceful and inspiring day for everyone.



RECEPTION

In Reception, we've been learning all about how to **keep our bodies and minds healthy!**

Through fun and **calming yoga sessions**, we've been strengthening our bodies and learning how movement can help us feel calm and focused—supporting both our Physical Development and Personal, Social and Emotional Development.

We've also explored **healthy eating** by learning about foods that help our bodies grow strong and full of energy. On top of that, we've been practising **good hygiene** habits like washing our hands properly to stay clean and stop germs from spreading—supporting our Understanding the World as we learn how to look after ourselves and others.

In our classroom, we've been embracing challenges and pushing ourselves to achieve even more than before! Whether it's tackling **mega contractions** in **phonics** or engineering a house from playdough and pasta, our little learners have shown incredible perseverance and creativity.



FROM AROUND THE SCHOOL

THIS WEEK

Children and staff at
Aylesford Priory

Pilgrimage trip for
the JUBILEE YEAR OF
HOPE

11th June 2025



Worship Leaders leading the Rosary at Aylesford.



Worship
Leaders leading
the Rosary
Prayer in our
School Prayer
garden

The table below shows our recommendations for screen time, social media and smartphone use are therefore presented as the 'best advice' we can give based upon the current evidence available.

Age/Year group	<u>Maximum</u> screen time per day?	Outside of school hours, what are appropriate <i>amounts</i> and <i>types</i> of screen time?
Birth to 18 months	5 minutes	Access to short supervised video calls to close family/support network Avoid access to any other screen time of any kind especially in the hour directly before sleeping
18 months to 2 years	Up to 1 hours	Access to up to 1 hours of age-appropriate TV* per day and/or short supervised video calls to close family/support network Avoid access to any other device including computer games, any phone or tablet Avoid screen time in the hour directly before sleeping
2 years to Reception	Up to 2 hours	Access to up to 2 hours of age-appropriate TV per day* and/or short supervised video calls to close family/support network Avoid access to computer games and any type of phone, tablet or social media Avoid screen time in the hour directly before sleeping
Reception to Year 2	Up to 2.5 hours	Access to up to 2 hours of age-appropriate TV per day* Access to a tablet/laptop/PC for educational purposes for up to 30 minutes a day Avoid access to computer games and any type of phone, tablet or social media Avoid screen time in the hour directly before sleeping and no screens in the bedroom overnight
Year 3 to Year 5	Up to 3 hours	Access to up to 2 hours of age-appropriate TV show content per day* or age-appropriate computer games** Access to a tablet/laptop/PC for educational purposes for up to 1 hours a day Avoid access to any type of phone or social media Avoid screen time in the hour directly before sleeping and no screens in the bedroom overnight
Year 6 to Year 9	Up to 4 hours	Access to up to 2 hours of age-appropriate TV show content per day* or age-appropriate computer games** Access to a tablet, laptop or PC for educational purposes for up to 1 hour a day Access to a 'brick phone/non-smartphone' for communication to/from school. Avoid access to any other device including smartphones and social media Avoid screen time between 21:00 and 07:00 and no screens in the bedroom overnight
Year 10 to Year 11	Up to 5 hours	Access to up to 2 hours of age-appropriate TV show content per day* or age-appropriate computer games** Access to a tablet, laptop or PC for educational purposes for up to 2 hours a day Access to any phone, although not to be used between 21:00 and 07:00 Avoid access to any applications/social media with age restrictions above the child's age Avoid screen time between 21:00 and 07:00 and no screens in the bedroom overnight



WALWORTH LIBRARY HOMEWORK CLUB



WELL, WE CAN HELP!



**Need support
with
homework?**

We are offering pupils the support needed to complete homework or revision

**Every
Tuesday
4-5PM**



Children's
Area

TERM TIME ONLY